



JuneUpdate

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Jackie Young

LDN Research Trust Patron

We are very pleased and honoured to introduce Jackie Young the widow of the late, great, Dr Bernard Bihari as our patron. We will be working closely together spreading awareness of LDN for the good of all those who could benefit around the world.

Full details will be available in the next newsletter.



International LDN Aware Week September 12th – 18th 2011

LDN Aware Audio DVD

A BIG thank you to the 172 people that have taken part.

Are you an LDN advocate and have a story to share?

You can be interviewed over the phone in any Country for any condition.

[email »](#)

Irish LDN Conference

Dublin Saturday 17th
September 2011. Book your place without delay.

[Link »](#)

John Donnelly



Collection Boxes

Can you help?



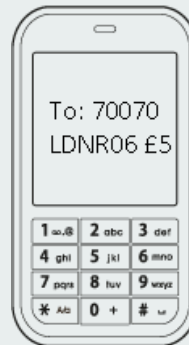
We are looking for people who are willing to take control of displaying boxes, in shops, post offices etc (permission is required)

collecting them and banking the money into the LDN Research Trust's Bank Account.

LDN Flyers – we had more flyers printed, if anyone would like flyers to hand out we will be happy to post them to you.

[email »](#)

JustTextGiving™
by **vodafone**



Text Donations

To send a text donation from a UK mobile phone, text

LDNRT06 to **70070** and add the amount **£1, £2, £5, £10** or the amount you wish to donate.

We receive 100% of all donations and they even claim the Gift Aid back for us, if you are a UK Tax Payer.

[Other Ways to Donate »](#)

DICKSON CHEMIST Specialising in Prescription Services for LDN

Do you have you LDN prescription filled by Dickson's?

If you do, please register for their new online service

[Link »](#)

You can check your account online, track orders and payments etc. please read the detailed instructions click this

[Link »](#)

Having trouble Obtaining a Private Repeat Prescription for LDN?

For just £14.50 you can easily obtain a 3 month private repeat prescription for LDN. [Link »](#)

Thyroid UK 10th Anniversary Conference 22nd October 2011 Gilwell Park Conference Centre, Chingford



We have booked some wonderful

speakers such as Patrick Holford and Dr Damien Downing with topics including the interpretation of blood tests and the relationship between all the hormones. There will also be a question and answer session with some of the speakers at the end of the day. [More »](#)



June Shop

Sale Catalogue
Check out the **Special Offers**

1. Fashion Watches
2. Canvas Bags
3. Polo Shirts
4. Key Rings
5. Mascot Lamb
6. LDN Wrist Bands
7. Pins
8. Ribbons
9. Blue Badge Wallets
10. LDN Aware DVD
11. Car Stickers
12. Hypnosis CD's
13. Hand Crafted Cards

[More »](#)



COUNTRY MUSIC & COMEDY NIGHT 22nd July 2011

Fund Raising Event NOT to miss!

Where: Langley club Hall,2
Hawksbrook lane, Beckenham,
BR3 3SR

Time: Doors open 7.30 for 8pm start

Tickets: £12.50

Music: Live country music - The Rodeo Rogues + Special Guest, Ellie Dibben - one of UKs youngest country music singers on the Circuit.

Comedy: One of UKs Funniest Comics, 'Slim Pickins'.

Food: Hog Roast

Plus: Raffle, Competition - great prizes.

[email »](#)

Our thanks to: The Spitting pig catering – Surrey, Co-operative store, Day Lewis, Boots Wallington Surrey—
The Party store – High Street Sutton, Surrey

WOUNDED SOLDIERS “ BATTLE BACK” ON COAST TO COAST MOUNTAIN BIKE CHALLENGE

Please Help, Sponsor Sulle to raise funds for the LDN Research Trust



recovery.

From the 4th - 8th of July 2011 a team of seven soldiers will be tackling the arduous 'Coast to Coast' off-road Mountain Bike route. "Exercise Tiger Cycle" will cover 220 miles from St Bees on the West Coast of Cumbria to Whitby in North Yorkshire, a route billed as the UK 's most challenging bike tour. The team includes 5 members of the Royal Army Physical Training Corps accompanied by 2 injured soldiers from the "Battle Back" initiative, a Tri-Service organisation offering wounded service personnel the opportunity to participate in Adventurous Training as part of their

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[Press Release »](#)