

Dear x

As you are my local MP I would like to ask for your help with a very important campaign.

For x years, I have suffered from x and have had consultations with a range of medical professionals to combat the symptoms which have greatly reduced my quality of life. I have been prescribed a range of different medications but, sadly, none of these have worked.

Frustration eventually led to me research solutions on the internet and it was through one of these searches that I discovered a product called Low Dose Naltrexone (LDN). While looking into it further, I received a huge amount of guidance and support from a charity called The LDN Research Trust.

Since I started taking LDN the symptoms of x have been significantly reduced. It is like night and day so significant are the changes.

While I want to continue taking LDN to improve, I have a problem.

Naltrexone is licensed to be prescribed as a treatment for opiate abuse but not for my condition. It is virtually impossible to get an NHS prescription from a clinician for LDN despite significant anecdotal evidence demonstrating its effectiveness in treating conditions like mine.

There are many medications that can be prescribed "open label" on the NHS i.e. they have not been trialled for the specific purpose. There are also ones that can be prescribed on an "informed consent basis". Why not LDN?

Why is it down to the individual to find out for themselves about a drug which can alleviate their symptoms and then spend a significant amount of time tracking down a clinician who is prepared to prescribe it? It's not a case of preferring LDN over and above other medications as there is nothing else available that can help me!

LDN costs £17.50 each month for liquid and £30 for capsules, which may not seem a lot when you look at the amount the NHS spends on different medications, but it is a lot to me, especially in these financially challenging times.

Please will you support my quest to have LDN prescribed on the NHS so that I and many other sufferers across the UK can finally have the support of the medical profession?

Thank you for taking the time to read this letter.

Yours sincerely